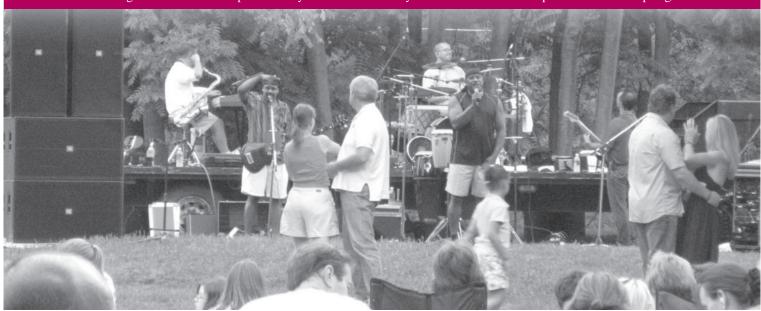
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A Publication of Programs & Activities Sponsored by The Clarke County Parks & Recreation Department for the Spring/Summer 2009





225 Al Smith Circle • Berryville, VA 22611

Phone: 540-955-5140 • Fax: 540-955-4049 email: ccpr@clarkecounty.gov www.clarkecounty.gov/parks

POSTAL PATRON

PRSRT STD U.S. POSTAGE **PAID**

> Berryville, VA Permit No. 3084



THE BENEFITS ARE ENDLESS...™ **Our Mission Statement:**

"Provide quality, wholesome recreational opportunities for all citizens of Clarke County."





225 Al Smith Circle • Berryville VA • 540-955-5410

PRESENTS

FREE IN CONCERT

Souled Out

Jackpot Band

Wednesday July 29

Chet Hobert Park Stage 6:00-9:00 PM

In inclement weather, the concert will be in the Recreation Center.



2009 Swimming Pool Operating Schedule

			May			
S	M	Т	W	Th	F	S
						23
24	25	26	27	28	29	30
31						

			June			
S	M	Т	W	Th	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

			July			
S	M	T	W	Th	F	S
			1	2	3	4*
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

^{*}The Pool will be open on July 4th from 12 noon until after the fireworks at the Fairgrounds end.

August/September						
S	M	Т	W	Th	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31	1	2	3	4	5
6	7		·			

12 noon - 8pm

12 noon - 6pm

Pool Closed

The swimming pool is available for rental on Friday, Saturday, and Sunday evening.
(Excluding July 4)

	.	i		
General	Base	Clarke County		
Admission	Rate	Discount*		
Child /2 & under	Free	Free		
with paying adult				
Child / 3-5	3.00	2.00		
Youth / 6-15	3.50	2.50		
Adult / 16-54	4.50	3.50		
Senior Citizen / 55+	3.00	2.00		
Discount Passes				
(20 Admissions)				
Child / 2 & under				
with paying adult	N/A	N/A		
Child / 3-5	50.00	30.00		
Youth / 6-15	60.00	40.00		
Adult / 16-54	80.00	60.00		
Senior Citizen / 55+	50.00	30.00		
Last Hour				
Discount				
Child / 2 & under				
with paying adult	N/A	N/A		
Child / 3-5	1.00	1.00		
Youth / 6-15	1.00	1.00		
Adult / 16-54	2.00	2.00		
Senior Citizen / 55+	1.00	1.00		
Group Rate	20 or more 20% discount			
	(pre-arranged)			

^{*}Must have proof of Clarke County residency

Call the Recreation Center at 540-955-5140 for more information. The pool can be reached at 540-955-5158 during operating hours.



Recreation Center Hours

June 1st - September 30th

Monday - Friday 9:00 AM - 6:00 PM Saturday 12:00 noon - 6:00 PM

Sunday CLOSED

Holiday Hours:

The Recreation Center is closed:

Saturday, May 2nd Monday, May 25th Saturday, July 4th Monday, September 7th

Abbreviated Schedule: 12:00-6:00

Friday, May 1st

Fee Schedule

General Admission and Discount Passes

Age	Base-Fee (Non-resident)	Discount Fee* (County Resident)
3-5	\$2.50	\$1.50
6-15	\$3.00	\$2.00
15-54	\$4.00	\$3.00
Seniors (55+)	\$2.50	\$1.50
6-15 Discount Pass	\$50.00	\$30.00
16-54 Discount Pass	\$70.00	\$50.00
55+ Discount Pass	\$40.00	\$20.00

^{*}Proof of residency required



Guidelines for Placement in Learn-to-Swim Classes

If you have questions regarding the class for your child, please call 540-955-1540 or 540-955-5158. It is typical for students to participate in a level several times before progressing to the next level.

Every session of classes will include **a lesson on Water & Sun Safety** as required by the American Red Cross curriculum. This lesson may not involve time in the water.

A \$5.00 administrative fee will be charged on all swim lesson transfer & cancellation requests.

TO ENROLL IN:	PARTICIPANTS NEED TO:	OBJECTIVES:	PURPOSE:
Starfish Parent &Child (Ages 6-36mo)	Have one or two adult participants. Wear snug fitting plastic pants and swim diapers under swimsuit. (No disposable or cloth diapers.)	Teach parents how to work with child(s) on water adjustment, basic skills and personal safety. Comfort & safety	Helps students feel comfortable in the water. Parents will learn, through hands-on practice, how to teach their child basic water skills.
Turtle Parent & Preschooler (Ages 3-5)	Parent will come to class prepared to be in the water with child until instructor determines otherwise. Function well in a structured group setting.	Comfort & safety. Fully submerge face. Float on front & back, with support (5secs) Swim on front & back, with support (5ft).	Helps students feel comfortable in the water. This class offers an introduction to and practice of basic water skills.
Frog Preschool (Ages 3-5)	 Fully submerge face Float on front & back, with support. Swim on front & back, with support. 	 Perform front & back glide. Rolling over. Swim on front & back without support (15 feet). Swim on side without support (5 ft). 	Allows students the opportunity to develop fundamental aquatic skills. Builds on the skills learned in Turtle through additional guided practice.
Octopus Preschool (Ages 4-6)	 Perform front & back glide. Rolling over. Swim on front & back using combined strokes. Swim on side. 	Perform front & back crawl. Kneeling or standing dive. Use rotary breathing. Butterfly kick & body motion	Build and improve on skills learned in Frog. Class content will help swimmers develop confidence in their strokes and improve other aquatic skills.
Level 1: Intro to Water Skills (Ages 6-15)	Function well in a structured group setting.	Comfort & safety Fully submerge face. Float on front & back, with support (5secs) Swim on front & back, with support (5ft).	Helps students feel comfortable in the water. This class offers an introduction to and practice of basic water skills.
Level 2: Fundamental Aquatic Skills (Ages 6-15)	 Fully submerge face. Float on front & back, with support. Swim on front & back, with support. 	 Perform front & back glide. Rolling over. Swim on front & back without support (15 feet). Swim on side without support (5 ft). 	Allows students the opportunity to develop fundamental aquatic skills. Builds on the skills learned in Level 1 through additional guided practice
Level 3: Stroke Development (Ages 6-15)	 Perform front & back glide. Rolling over. Swim on front & back using combined strokes. Swim on side. 	 Perform front & back crawl (15 yards). Kneeling or standing dive. Use rotary breathing. Butterfly kick & body motion (15 feet). 	Builds on the skills learned in Level 2 & Octopus. Help swim- mers develop confidence in their strokes and improve other aquatic skills.
Level 4: Stroke Improvement (Ages 6-15)	 Perform front & back crawl. Kneeling or standing dive. Use rotary breathing. Butterfly kick & body motion. 	Perform Elementary, Backstroke, Butterfly, and Breaststroke (15 yards). Perform Front & Back crawl (25 yards).	Build and improve on skills learned in Level 3. Help swimmers develop confidence and improve other aquatic abilities.
Level 5: Stroke Refinement (Ages 6-15)	Perform Elementary Backstroke. Perform Breaststroke Perform Butterfly Swim on side using scissor kick.	Perform Front & back crawl (50 yards). Perform Elementary, Backstroke, Butterfly, Breaststroke, and Sidestroke (25 yards).	Provides further coordination and refinement of strokes through swimming increased distances.
Adult Lessons: (Ages 18+)	Function well in a structured group setting.	Comfort & safety Float on front & back Learn fundamentals of strokes, treading water, and diving.	These classes are designed to promote learning and improve aquatic skills.



"Learn-to-Swim" Class Schedule

NO REGISTRATIONS ARE ACCEPTED AFTER THE REGISTRATION DEADLINE.

REGISTRATION for ALL sessions begins **April 18** for county residents and **April 20** for non-County residents. Please specify which session you want when registering.

A \$5.00 administrative fee will be charged on all swim lesson transfer & cancellation requests.

Swim lessons are held Monday through Thursday, unless otherwise noted. Make-upclasses occur on Fridays.

Course	Activity #	Age	Days	Session 1	Session 2	Session 3	Session 4
& Cost		_		6/15-6/26	6/29-7/10	7/13-7/24	7/27-8/7
	REGISTRATION	I DEADLINE		6/12 @ 5pm	6/26 @ 5pm	7/10 @ 5pm	7/24 @ 5pm
Starfish \$26	310101A 310101B 310101C 310101D	6mo-3yrs 6mo-3yrs 6mo-3yrs 6mo-3yrs	Mon & Wed Tues & Thur Mon & Wed Tues & Thur	11:10 AM 11:10 AM 6:10 PM 6:10 PM			
Turtle \$36	310102A 310102B 310102C 310102D 310102E	3-5 yrs 3-5 yrs 3-5 yrs 3-5 yrs 3-5 yrs	Mon-Thurs Mon-Thurs Mon-Thurs Mon-Thurs Mon-Thurs	10:00 AM 10:35 AM 11:10 AM 6:10 PM 6:45 PM			
Frog \$36	310103A 310103B 310103C 310103D	3-5 yrs 3-5 yrs 3-5 yrs 3-5 yrs	Mon-Thurs Mon-Thurs Mon-Thurs Mon-Thurs	10:35 AM 11:10 AM 5:00 PM 5:35 PM			
Octopus \$36	310104A 310104B 310104C 310104D 310104E	4-6 yrs 4-6 yrs 4-6 yrs 4-6 yrs 4-6 yrs	Mon-Thurs Mon-Thurs Mon-Thurs Mon-Thurs Mon-Thurs	10:00 AM 10:35 AM 11:10 AM 5:00 PM 6:45 PM			
Level 1 \$36	350101A 350101B 350101C 350101D	6-15 yrs 6-15 yrs 6-15 yrs 6-15 yrs	Mon-Thurs Mon-Thurs Mon-Thurs Mon-Thurs	10:00 AM 10:35 AM 5:35 PM 6:10 PM			
Level 2 \$36	350102A 350102B 350102C 350102D 350102E	6-15 yrs 6-15 yrs 6-15 yrs 6-15 yrs 6-15 yrs	Mon-Thurs Mon-Thurs Mon-Thurs Mon-Thurs Mon-Thurs	10:00 AM 10:35 AM 11:10 AM 5:00 PM 5:35 PM			
Level 3 \$36	350103A 350103B 350103C 350103D 350103E	6-15 yrs 6-15 yrs 6-15 yrs 6-15 yrs 6-15 yrs	Mon-Thurs Mon-Thurs Mon-Thurs Mon-Thurs Mon-Thurs	10:00 AM 10:35 AM 11:10 AM 5:00 PM 6:45 PM			
Level 4 \$36	350104A 350104B 350104C 350104D 350104E	6-15 yrs 6-15 yrs 6-15 yrs 6-15 yrs 6-15 yrs	Mon-Thurs Mon-Thurs Mon-Thurs Mon-Thurs Mon-Thurs	10:00 AM 10:35 AM 11:10 AM 5:35 PM 6:45 PM			
Level 5 \$36	350105A 350105B	6-15 yrs 6-15 yrs	Mon-Thurs Mon-Thurs	10:00 AM 6:10 PM	10:00 AM 6:10 PM	10:00 AM 6:10 PM	10:00 AM 6:10 PM
Adult Lessons \$26	350106A	18+ yrs	Tues & Thurs	8:00 PM	8:00 PM	8:00 PM	8:00 PM



Aquatics

THE CORE • SPRING/SUMMER 2009

Clarke Co	Clarke County Parks & Recreation Summer Swim Team Tryouts						
Activity #:	Day/Date:	Time:	Age:	Eligibility Requirements:			
350109A	Tuesday 6/2 OR 6/9	5:30-6:00 PM	5-8 yr	 Must be able to swim 25 meters continuously with one legal stroke. Must be comfortable in deep water. 			
350109B	Tuesday 6/2 OR 6/9	6:00-6:30 PM	9-10 yr	 Must be able to swim 50 meters continuously with one legal stroke. Must be able to perform shallow dives. Must be comfortable in deep water. 			
350109C	Tuesday 6/2 OR 6/9	6:30-7:00 PM	11-12 yr	 Must be able to swim 75 meters continuously with one legal stroke. Must be able to perform shallow dives. Must be comfortable in deep water. 			
350109D	Tuesday 6/2 OR 6/9	7:00-7:30 PM	13 & up	 Must be able to swim 100 meters continuously with one legal stroke. Must be able to perform shallow dives. Must be comfortable in deep water. 			

REGISTRATION DEADLINE: Saturday June 13th at 6:00 PM!

Practices will begin Monday, June 15. The season will end Saturday, August 1 Practice will be Monday-Friday 8:00-9:00 AM for participants 13 and over. Practice will be Monday-Friday 9:00-9:45 AM for participants 12 and under. Participants will compete in five local and one regional meet. Meets are generally held on Saturday mornings. New swim team members MUST try-out before registering. Returning team members do not need to try-out. Fee is \$80.00. Please specify t-shirt size at registration.

Water Safety Instructor

Activity #: 350111A Age: 16 +

Day: Date:

Time: Mon-Friday 6/15-6/19 4:00-9:00 PM

Saturday 6/20 9:00 AM-12:00 PM Mon & Wed 6/22 & 6/24 4:00-9:00 PM

Fee: \$185.00 Laurie Harrell Instructor:

This course will certify individuals to teach all levels of the American Red Cross Learn to Swim Program, the Community Water Safety and the Water Safety Instructor Aide course. The Fundamentáls of Instructor Training course will be included in the class content. Attendance at all classes is required! NOTE: Schedule is subject to change. 8 classes

Water Safety Aide

350112A Activity #: Age: 15 +6/17-6/19 Date:

Wednesday-Friday Day: 4:00-9:00 PM Time:

Fee: \$75.00 Instructor: Laurie Harrell

This course is designed to provide training and knowledge for those who want to assist in teaching swimming and water safety courses. Attendance at all classes is required! NOTE: Schedule is subject to change. 3 classes

PADI Open Water Diver Certification

Do you want to learn the fundamentals of scuba diving, including dive equipment and techniques? The certification you will receive upon successful completion of this course is recognized worldwide. The class will meet on June 2, 4, 9 and 11 from 5:30-9:00 PM. All classes will be held at the Clarke County Pool. Registration is May 31 at the pool from 12:30-3:00 PM and class fee is \$475.00. For more information and to register in advance, call the Scubaventures Dive Center at (540) 888-4455. Activity #: 340111A

Lifeguarding Today Recert Activity #: 350113A

15 +

Age: 5/23-5/25 Date:

Saturday-Monday 11:00 AM-8:00PM Day: Time:

Fee: \$105.00 Instructor: Carol Marshall

Pre-requisites: Proof of current certification as an American Red Cross Lifeguard

This course reviews the fundamental skills of an American Red Cross certified lifeguard. Attendance at all classes is required! **NOTE: Schedule is sub**ject to change. May 25 class will be used in case of inclement weather on another class date.

Lifeguarding Today

Activity #: 350113B Age: 15 +

Day: Date: Time: Thúrsday 5:30-7:00 PM 6/11 (Pre-requisites) Saturday 6/13 9:00 AM-8:00 PM Sunday 6/14 10:00 AM-8:00 PM Tuesday 6/16 4:30-8:30 PM

6/18 4:30-8:30 PM Thursday Saturday 6/20 9:00 AM-1:00 PM Fee: \$225.00

Instructor: Carol Marshall

Pre-requisites: Must be 15 years of age by the last day of class. Participants must be able to swim continuously for 300 yards, tread water and surface dive into deep water to retrieve a block in a pre-set time.

This course teaches the fundamental skills to become an American Red Cross certified lifeguard. Attendance at all classes is required! NOTE: Schedule is subject to change. 5 classes



CPR Professional Rescuer:

Review and Update Activity #: Day: Date: Time:

350114A Wed. 5/6 5:30-9:00 PM 5/9 1:00-4:30 PM 350114B Sat. 1:00-4:30 PM Sun. 5/17 350114C

Age: 15 +Fee: \$35.00 Instructor: Carol Marshall

This class is designed for individuals who are **currently** certified in CPR for the Professional Rescuer. Lifeguards are required to recert in this level of CPR each year. Training videos and skills will be reviewed with participants prior to testing. Please bring your rescue mask to this class. 1 class

Lifeguard Instructor Training

350116A Activity #: 17+

Age: Day: Date: Time:

Mon-Fri. 7/6-7/10 4:00-9:00 PM Saturday 9:00 AM-12:00 PM 7/11

Mon-Tues. 7/13-7/14 4:00-9:00 PM

\$210.00 Fee: Instructor: Laurie Harrell

Pre-requisite: Participants must be 17 by the first day of class and be currently certi-

fied as a Red Cross Lifequard.

The purpose of this course is to train participants to teach courses and modules in the American Red Cross Lifeguard Training program by developing their understanding of how to use the course materials, how to conduct training sessions, and how to evaluate participant's progress. Attendance at all classes is required! 8 classes

Intro to Scuba: Bubblemaker

Scubaventures Dive Center will be hosting this session for people interested in learning more about scuba diving. The session is designed for participant's 8 years and older. Class will be held on Sunday May 31 from 12:30-3:00 PM. Cost is general admission to the pool.



Apple Valley Needle Threaders

Activity #: Date: Time:

340201A 9:30-11:30 AM 5/14 340201B 9:30 AM-2:30 PM 6/11 340201C 7/9 9:30-11:30 AM

Age: 18 +

2nd Thursday Day: \$1.00 per visit Fee:

Shenandoah Piece Makers

Activity #: Date: 340202A 5/11 340202B 6/8 340202C 7/13 Age: 18+

Day: 2nd Monday 6:30-8:30 PM Time: \$1.00 per visit Fee:



Apple Valley Quilting Bee

Activity #: Date: 340204A 5/28 340204B 6/25

340204C 7/23 Age: 18 +Day:

4th Thursday 9:30AM-2:00 PM Time: Fee: \$1.00 per visit

These quilting clubs are open to all quilters. Planned monthly programs, presentations and socializing with others who share your love of quilting make these clubs a wonderful way to spend a few hours.

Youth Pottery

Activity #: 320201A Age: Day: Tuesday Date: 5/5-5/26 Time: 4:00-5:00 PM Fee: \$40.00

Instructor: Aurelie Schmid

Explore different pottery techniques such as slab, coil, and pinch pots. Students will complete a new project every week and enjoy making their own creations (which make great gifts). Parents may participate in these classes for an additional supply fee of \$20.00. 4 classes

Adult Pottery

Activity #: Date: 320203A 5/7-5/28

320203B 6/4-7/2 (no 6/18)

320203C 7/9-7/30 Age: 13 +

Day: Thursday Time: 6:30-8:30 PM Fee: \$52.00 Instructor: Mizue Croswell

These classes will teach participants basic pottery techniques and wheel throwing as time allows. A new project will be introduced each week. 4 classes

Knitting 1-2-3

Activity #: 350208A Age: 11 +Day: Tuesday 7/7-8/4 Date: Time:

7:00-8:30 PM

Fee: \$25.00, \$15.00 materials fee payable to the instructor

Instructor: Kate Savidan

Become a knitter in just one session! Learn how to cast on, knit, purl, bind off, and read a knit pattern. Materials fee includes needle(s) and yarn. 5 class-

NEW!!! Basic of Floral Arranging

Activity #: Date: 340205A 5/8-6/12

340205B 6/19-8/7 (no 6/26, 7/3)

Age: Day: Friday

A 6:30-7:30 PM Time: B 8:00-9:00 PM

\$50.00, plus \$60.00 materials Fee:

fee payable to instructor

Instructor: Jessie Cather

Participants will receive handouts each class explaining the specific design techniques and guidelines that will be taught. Topics will include a bud vase, vertical arrangements, centerpieces, symmetrical triangle designs, crescent shaped designs and a dozen rose arrangements. The instructor will demonstrate new techniques each class and students will practice them to create an arrangement to take home. 6 classes

Clarke County Community Band

This band is open to musicians of all ages. Practices are every Tuesday at 7:00 PM at Clarke County High School. Band members need to provide their own instruments. This band plays at special events around the area. Please call Diane Shipe at 540-955-4346 for more information.

NEW!!! All Occasion Floral Arranging

Activity #: Date: 5/8-6/12 340205C

340205D 6/19-8/7 (no 6/26, 7/3)

Age: 14 +Day: Friday

C 8:00-9:00 PM Time:

D 6:30-7:30 PM

Fee: \$50.00, plus \$60.00 materials

fee payable to instructor

Instructor: Jessie Cather

This class will explore the creative side of floral arranging. Topics will include topiary, mixed greens, garden style, grapevine wreath, tea cup, and bud vase. The instructor will provide basic techniques and constructive input but participants will be free to create a custom arrangement to take home each class. 6 classes.



Co-sponsored by Clarke County Parks & Recreation

If you are interested in these classes, please call 540-955-4226 or visit www.opusoaks.com for more information All Registrations are handled through CCPR. CCPR at 540-955-5140 or www.clarkecounty.gov/parks

Exploring Watercolors

Activity #: 350201A Age: 14+

Date: 4/27-6/8 (no 5/25)

Day:

Time: 10:00 AM-12:00 PM

\$75.00 Fee:

Instructor: Gale Bowman-Harlow

Bring your ideas, paintings and supplies. A beginner set of supplies can be purchased from the instructor for \$40.00. For beginners, all the basics will be introduced. The instructor will assist experienced students with artistic decisions and to introduce new ideas. Classes are held at 109 1st Street. 6 classes

"2009 Student Art Show"

May and June 2009 in Berryville. If you are a current Opus Oaks student, contact your teacher and have your artwork framed and ready to hang by the end of April. Call (540) 955-4226 for more information.



Beginning/Intermediate Drawing

Activity #: 350212A Age: 12+

Date: 4/27-6/8 (no 5/25)

Day: Monday Time: 1:00-3:00 PM

Fee: \$75.00 plus a \$10.00 materials

fee payable to the instructor Instructor: Gale Bowman-Harlow

Students will work with basic drawing instruments and fundamental instructions to explore line and composition while developing visual acuity skills. Classes are held at 109 1st Street. 6 classes

NEW!!! Basic Beading & Silver Clay Design

Activity #: 350203A Age: 12+

Date: 4/27-6/8 (no 5/25)

Day: Monday Time: 6:00-8:00 PM

Fee: \$75.00 plus a \$60.00 materials fee payable to the instructor

Instructor: Cathy West

Students will learn basic beading techniques using glass and natural stone beads, sterling silver and other metal components. In weeks 3-5, building components with silver clay will be introduced and in the final class the two will be assembled together. Tools provided. Supplies to make 3 pair earrings, 2 bracelets & 1 necklace. The materials fee includes the silver clay, which is quite expensive. You may add your own beads to any project. *A van trip to the International Gem & Jewelry Show in Chantilly on Friday May 15th is also planned for an additional fee and with sufficient interest. Beads may be purchased in bulk at this location. Classes are held at 109 1st Street. 6 classes

Acrylic and Oil Painting

Activity #: 350205A Age: 13+

Date: 4/27-6/8 (no 5/25)

Day: Monday Time: 7:00-9:00 PM

Fee: \$75.00 plus a \$15.00 materials fee payable to the instructor

Instructor: Russ Harrison

Using acrylic and oil paints, students will explore different painting techniques including color mixing, building with color, mediums, color theory, light, and composition. Bring an18x24 canvas/canvas board/masonite and pictures of things you want to paint. Returning students will continue working on their paintings. Classes are held at 109 1st Street. 6 classes



Art for Preschoolers

Activity #: 340212A Age: 4-5 Date: 4/28-6/2 Day: Tuesday

Time: 10:30-11:30 AM Fee: \$60.00 plus a \$

\$60.00 plus a \$10.00 materials

fee payable to the instructor

Instructor: April Shaffer

Students will create several pieces using many different mediums and techniques. Students will learn how to use "Artist's Tools", or "The Elements of Art" to create their own unique works of Art. Come prepared to get messy and have fun. Classes are held at 109 1st Street. 6 classes

Advanced Acrylic & Oil Painting Activity #: 350205B

Activity #: 350205B
Age: 15+
Date: 4/28-6/2
Day: Tuesday
Time: 1:00-3:00 PM

Fee: \$75.00 plus a \$15.00 materials fee payable to the instructor

Instructor: Gale Bowman-Harlow

This class is for those with experience with acrylic and oil painting. Participants must bring their own paintings and ideas. The instructor assists with artistic decisions and introduces new ideas. Classes are held at 109 1st Street. 6 classes

Acrylic Painting

Activity #: 350204A Age: 6-12 Date: 4/28-6/2 Day: Tuesday Time: 4:00-5:30 PM

Fee: \$75.00 plus a \$15.00 materials

fee payable to the instructor

Instructor: Gale Bowman-Harlow

Using acrylic paints, students will learn basic painting techniques including color mixing, building with color, mediums, color theory, light, and composition. Bring an18x24 canvas/canvas board and pictures of things you want to paint. Returning students will work on their own paintings. Classes are held at 109 1st Street. 6 classes

Intro to Stained Glass

Activity #: 350209A Age: 12+ Date: 4/28-6/2 Day: Tuesday Time: 7:00-8:30 PM

Fee: \$75.00 plus a \$15.00 materials

fee payable to the instructor

Instructor: Sheryl Reid

Have you ever wondered how to work with and create stained glass projects? This is your chance to learn the basic techniques while making light catchers and decorative hangings. Classes are held at 109 1st Street. 6 classes

Advanced Oil Painting

Activity #: 350206A Age: 15+ Date: 4/28-6/2 Day: Tuesday Time: 6:30-9:00 PM

Fee: \$113.00 plus a \$15.00 materi-

als fee payable to the instruc-

tor

Instructor: Bonnie Jacobs

Students will learn the old master technique of oil painting and glazing. Each person will choose a Masters oil painting to use as a guide but will use his or her own photograph to produce a portrait. Bring your own paints or use studio paints, an 18x24 canvas, and 5 portrait photos. Classes are held at 109 1st Street. 6 classes

Acrylic & Oil Painting

Activity #: 350205C Age: 12+ Date: 4/29-6/3 Day: Wednesday

Time: 10:00 AM-12:00 PM

Fee: \$75.00 plus a \$15.00 materials

fee payable to the instructor

Instructor: Gale Bowman-Harlow

Using acrylic and oil paints, students will explore different painting techniques including color mixing, building with color, mediums, color theory, light, and composition. Bring an18x24 canvas/canvas board/masonite and five pictures of things you want to paint. Returning students will continue working on their paintings. Classes are held at 109 1st Street. 6 classes

Youth Drawing

Activity #: 350212B Age: 7-12 Date: 4/29-6/3 Day: Wednesday Time: 4:00-5:30 PM

Fee: \$75.00 plus a \$25.00 materials

fee payable to the instructor

Instructor: Gale Bowman-Harlow

Students will start off with basic drawing instruments and instruction to explore line, composition, and develop visual acuity skills. Continuing students will have more challenging drawing concepts. Classes are held at 109 1st Street. 6 classes

Drawing Then Painting Activity #: 350212C

Activity #: 350212C Age: 8-15 Date: 4/29-6/3 Day: Wednesday Time: 6:30-8:00 PM

Fee: \$75.00 plus a \$15.00 materials fee payable to the instructor

Instructor: Doug Pifer

Students will learn basic drawing and painting techniques: color mixing, building with color, mediums, color theory, light, and composition. Continuing students will work on their own paintings. Bring an 18 x 24 canvas/canvas board and 5 photographs of things you want to paint. Classes are held at 109 1st Street. 6 classes



Beginning/Intermediate Sculpt

Activity #: 350202B 14+ Age: 4/29-6/3 Date: Wednesday Day: 7:00-9:00 PM Time:

\$75.00 plus a \$25.00 materials Fee:

fee payable to the instructor

Instructor: Gale Bowman-Harlow

This class teaches students beginning techniques for clay modeling and sculpting using air-dry clay. Students will work from plaster models to learn about making form in clay. Then students will make their own sculpture piece. Continuing students will work on their own pieces. Classes are held at 109 1st Street. 6 classes



Beginning SpinningActivity #: 350207A

Age: 12 +

4/30, 5/7, 5/19 Date: 5/21, 5/26, 5/28

Tuesday & Thursday Day: 10:00-11:30 AM Time:

\$150.00 plus an \$8.00 materi-Fee: als fee payable to the instructor.

Instructor: Kelli Arrington

Come join us to experience the joy of creating your own handspun yarns and to introduce you to spinning fiber basics. Classes will take you through the process of raw fiber to a finished product. Presentations in class include Wool fiber and methods of preparation, spinning on the drop spindle, spinning on the spinning wheel, Woolen and Worsted spinning methods, Plying, and working with fancy wools. All spinning wheels and equipment provided. Classes are held at 109 1st Street. 6 classes

Beginning Loom Weaving

Activity #: 350207B 14+ Age:

4/30, 5/7, 5/19 Date:

5/21, 5/26, 5/28 Tuesday & Thursday Day:

1:00-3:00 PM Time:

Fee: \$300.00 plus an \$15.00 materi-

als fee payable to the instructor.

Instructor: Kelli Arrington Registration Deadline: April 28

Practice weaving on a floor loom and create a project using cotton. Then learn the full process of "dressing" a loom. We will wind a warp, thread the loom, beam the warp and weave a wonderful project with fabulous yarns. All equipment and loom rental provided for class are included in the price. Students will be able to take folding looms home to work on. Classes are held at 109 1st Street. 6 classes

NEW!!! Basic Jewelry & Bead Making

Activity #: 350203B Age: 4/29-6/3 Date: Day: Thursday Time: 12:30-2:30 PM

Fee: \$75.00 plus a \$30.00 materials

fee payable to the instructor

Instructor: Cathy West

Students will learn basic beading techniques using glass and natural stone beads, sterling silver and other metal components. Tools provided. Supplies to make 3 pair earrings, 2 bracelets & 1 necklace. You may add your own beads to any project. to the International Gem & Jewelry Show in Chantilly on Friday May 15th is also planned for an additional fee and with sufficient interest. Beads may be purchased in bulk at this location. Classes are held at 109 1st Street. 6 classes

Beginning Sculpt

Activity #: 350202A Age: 10-16 Date: 4/30-6/4 Day: Thursday 1:00-3:00 PM Time:

\$75.00 plus a \$15.00 materials Fee:

fee payable to the instructor.

Instructor: Gale Bowman-Harlow

This class teaches students beginning techniques for clay modeling and sculpting using air-dry clay. Students will work from plaster models to learn about making forms in clay, before making their own sculpture piece. Classes are held at 109 1st Street. 6 classes

Youth Sculpture

Activity #: 350202C Age: 5-9 4/30-6/4 Date: Thursday Day: 4:00-5:30 PM Time:

\$75.00 plus a \$15.00 materials Fee: fee payable to the instructor.

Instructor: Gale Bowman-Harlow

Students will study the meaning and symbolism of clay story telling figures from other countries. Through this process, they will learn how to create their own symbolic and meaningful sculpture piece. We will learn basic sculpture techniques and work in an air-dry clay. Wear old clothes. Classes are held at 109 1st Street. 6 classes

Beginning/Intermediate Watercolors

Activity #: 350201B Age: 12+ 4/30-6/4 Date: Day: Thursday 7:00-9:00 PM Time:

\$75.00 plus a \$40.00 materials Fee:

fee payable to the instructor

Instructor: Gale Bowman-Harlow

This class is for the beginner or someone who wants to improve their skills. We will learn basic color theory and painting skills. As the class progresses, students will discuss composition, lighting, and style. Please bring 5 photographs of things to paint. Classes are held at 109 1st Street. 6 classes

Art & Hearts' of Animals

Activity #: 340212B Age: 15 +Date: 5/1-6/5 Friday Day:

10:00 AM-12:00 PM Time:

Fee: \$75.00 plus a \$15.00 materials

fee payable to the instructor

Manci Ohrstrom & Instructor:

Gale Bowman-Harlow

Participants will explore the in-depth relationship between animals and the earth. They will use art and a variety of techniques to develop new understandings and avenues for living in ecological harmony. How can we work with animals to create a better, more sustainable world? These perceptions will be translated into a mixed media art piece. We will have several field trips to the Ohrstrom Farm. Classes are held at 109 1st Street. 6 classes



Drawing then PaintingActivity #: 350212D

Activity #: Age: 6-10

Date: 5/2-6/6 (no 5/23) Day: Saturday 9:00-10:30 AM Time:

\$75.00 plus a \$15.00 materials Fee:

fee payable to the instructor

Instructor: Alice Rodway

Students will learn basic drawing and painting techniques: color mixing, building with color, mediums, color theory, light, and composition. Bring an 18 x 24 canvas/canvas board and 5 photographs of things you want to paint. Classes are held at 109 1st Street. 6 classes

Beginning & Intermediate Watercolors

Activity #: 350201C Age: 14 +

Date: 5/2-6/6 (no 5/23) Saturday

Day: Time: 1:00-3:00 PM

\$75.00 plus a \$40.00 materials Fee:

fee payable to the instructor

Instructor: Doug Pifer

In class one, students get acquainted with materials, practice basic techniques and brush strokes, and create a painting on dry paper. Class two will explore wet watercolor paper techniques, color mixing and design. Over the next four classes students will be encouraged to create original artwork, so please bring just your own ideas of what you want to paint! Continuing students will work on their own paintings. Classes are held at 109 1st Street. 6 classes



Fitness

Drop-in enrollments are accepted for classes ONLY if space is available.

Interested participants should call 540-955-5140 prior to class to confirm availability.

Outdoor Boot Camp

Activity #: Date:

350302A 5/4-6/22 (no 5/11, 5/25, 6/8)

350302B 6/29-8/3 (no 7/13)

Age: 16+
Day: Monday
Time: 7:45-8:45 PM

Fee: \$30.00, \$8.00 drop-in Instructor: Holli of Xtreme Fit Studio

Energize your workout with an outdoor combination training class! All fitness levels are welcome. Participants will experience a rewarding cardio and strength-training program that will incorporate elements of calisthenics, aerobic dance, martial arts, boxing, and kick boxing. Class will meet beside the Recreation Center. In case of inclement weather the class will move inside the Center. 5 classes

Deep Water Aquacise

Activity #: Date: 340109A 6/22-7/13 340109B 7/15-8/5 Age: 16+

Day: Monday & Wednesday

Time: 8:00-9:00 PM
Fee: \$42.00, \$8.00 drop-in
Instructor: Kim Chandler

Enjoy the benefits of aerobic exercise in a totally non-impact environment. The natural resistance and buoyancy of the deep water will enable participants to improve endurance, strength, flexibility and muscle tone. Participants must be comfortable in deep water. Floatation devices will be provided. 7 classes

NEW!!! Evening Water Walking/Lap Swim

Activity#: 340108A Date: 6/15-8/5 Age: 15+

Day: Monday & Wednesday

Time: 8:00-9:00 PM Fee: \$48.00, \$5.00 drop-in

Water walking and/or lap swimming are relaxing forms of low impact exercise that increases stamina, tones muscles and aids in weight control. Join us for this reserved pool time for those who wish to participate in water walking and/or lap swimming. 16 meetings

Yoga Tone

Activity #: Date:

350301A 5/5-6/16 (no 6/9)

350301B 6/23-7/28 Age: 16+ Day: Tuesday Time: 6:30-7:30 PM

Fee: \$36.00, \$8.00 drop-in Instructor: Shirley of Xtreme Fit Studio

All fitness levels welcome. Emphasis will be on standing and sitting poses, breath awareness, and progressive relaxation techniques. Modifications to increase and decrease intensity will be demonstrated. A yoga mat is recommended. 6 classes

Shallow Water Aquacise

Activity #: Date: 340110A 6/23-7/14 340110B 7/16-8/6 Age: 16+

Day: Tuesday & Thursday

Time: 8:00-9:00 PM Fee: \$42.00, \$8.00 drop-in

Instructor: Kim Chandler

This water exercise program is designed to improve participant's endurance, strength, flexibility and muscle tone. Beginners and advanced fitness levels are welcome. No swimming ability is needed. 7 classes

Total Fitness Buffet

Activity #: Date:

350303A 5/13-6/24 (no 6/10)

350303B 7/1-8/5 Age: 16+ Day: Wednesday Time: 6:30-7:30 PM

Fee: \$36.00, \$8.00 drop-in Instructor: Holli of Xtreme Fit Studio

Energize your workout with this combination aerobics, yoga, pilates, and strength training class! All fitness levels welcome. Experience a rewarding workout involving cardio, calisthenics, and strength training. 6 classes

Middle Eastern "Belly" Dance

Activity #: Date:
350314A 5/5-6/23
350314B 7/7-8/25
Age: 16+
Day: Tuesday
Time: 7:00-8:00 PM
Fee: \$48.00, \$8.00 drop-in

Instructor: Dian Hanna

Location: Millwood Community Center

Learning stomach rolls, hip undulations, rib cage motions, and veil swirling while gaining knowledge of the meanings behind these artistic movements that have been practiced for thousands of years. Participants should wear socks. 8 classes

Personal Training

Activity #: 350307A Age: 18+ Date: Year round Fee: \$30.00 per appointment Individualized fitness training sessions help you attain your goals faster. After you register, a trainer will contact you to set up a mutually convenient appointment. Each training session is at least one hour.

Fitness Belly Dancing

Activity #: Date:
340301A 5/7-6/18
340301B 6/25-8/6
Age: 16+
Day: Thursday
Time: 6:30-7:30 PM

Fee: \$42.00, \$8.00 drop-in Instructor: Marla Parker

Belly dance is one of the safest, simplest, and most effective ways to achieve and maintain fitness. Learn the basics moves needed to use belly dancing for fitness. The techniques are easy to learn and will thoroughly exercise your body while being low impact, relaxing, and fun. Participants should wear socks. 7 classes

Zumba

Activity #: Date: 350304A 5/7-6/11 350304B 7/2-8/6 Age: 16+ Day: Thursday Time: 8:00-9:00 PM

Fee: \$36.00, \$8.00 drop-in

Instructor: Brittani Hall

Zumba fuses rhythmic Latin/International music with easy to follow movements to create a dynamic calorie burning, heart racing, muscle pumping, body and mind energizing experience. Bring plenty of water and a towel (optional). 6 classes

NEW!!! Beginner Tae-Box

Activity #: Date:

350305A 5/4-6/22 (no 5/11, 5/25, 6/8)

350305B 6/29-8/3 (no 7/13)

Age: 16+
Day: Monday
Time: 6:30-7:30 PM

Fee: \$30.00, \$8.00 drop-in

Instructor: Mark Clarke

This is an aerobic exercise routine that combines music with elements of tae kwon do and boxing to form an exhilarating workout intended to increase cardiovascular fitness, strength, muscular endurance and flexibility. Water and a towel are recommended. 5 classes

Active Adult Health & Fitness Day

Activity #: 350801A Age: 50+ Date: 5/20

Day: Wednesday Time: 8:00 AM-12:00 PM

Fee: Free

Location: Clarke County Parks &

Recreation

Are you ready for a fun filled morning of health and fitness based exhibits, demonstrations, presentations, and screenings. Light refreshments will be available.



General Interest

Intro to Computers

Activity #: 351301A Age: 16 +5/16 Date: Saturday Day:

9:00 AM-12:00 PM Time:

\$36.00 Fee: Instructor: Jay Jeffries **CCHS** Location:

This is an excellent class for those who have just purchased a computer or for those who have had one for a while and want to use it more. This class will introduce participants to using a computer. Learn how to create, delete, organize, and find files and folders. 1 class

Basics of Word

Activity #: 351301B 16+ Age: 6/27 Date: Saturday Day:

Time: 9:00 AM-12:00 PM

Fee: \$36.00 Instructor: Jay Jeffries CĆHS Location:

Create a letter and a flyer using basic skills in Word. Learn to format text, add pictures, create tables, work with multiple pages and prepare a document to be printed. 1 class

Practicing Word Skills Activity #: 351301C

Age: 16+ 7/25 Date: Day: Saturday

9:00 AM-12:00 PM Time:

\$36.00 Fee: Instructor: Jay Jeffries CĆHS Location:

Pre-requisite: Basic Word Skills. This class will reinforce the skills learned in the Basics of Word and teach some new tricks. Learn how to work in Word to create documents with formatted text, graphics, and tables. 1 class

Basics of Excel

Activity #: 351301D 16+ Age: Date: 8/22 Day: Saturday

9:00 AM-12:00 PM Time:

\$36.00 Fee: Instructor: Jay Jeffries **CCHS** Location:

Understand how and why you would use a spread-sheet. Learn to create and format a basic worksheet. Also, create some basic formulas to add more functionality to your worksheet. 1 class

NEW!!! Practicing Excel Skills

Activity#: 351301E Date: 9/12 Saturday Day:

Time: 9:00 AM-12:00 PM

Fee: \$36.00 Instructor: Jay Jeffries CCHS Location:

Pre-requisite: Basic Excel skills. This class will reinforce the skills learned in the Basics of Excel and teach some new tricks. Learn how to work in Excel to create functional spreadsheets that utilize formulas to make your spreadsheets more useful and informative. 1 class

NEW!!! Intro to Web Design

Activity#: 351301F Age: 16 +7/1-8/5 Date: Wednesday Dav: Time: 6:00-9:00 PM Fee: \$216.00 Instructor: Jay Jeffries Location: **CCHS**

This course is a comprehensive introduction to Basic Web Design. The topics will include but are not limited to: the basics of using Dream weaver, working with text, lists and links, graphics, tables, metatags, file management and testing your web pages. 6 classes

Mystery Shopper Training 101

Activity#: Date: 341316A 5/27 341316B 6/24 341316C 7/22 Age: 18 +

Day: Wednesday 7:45-8:45 PM Time: Fee: \$20.00

Instructor: Meghan Hardy

What's better than shopping? Getting paid to shop! This class is designed to teach you how to get started as a mystery shopper. We will discuss how to find legitimate companies and sign up to work for them. We will discuss the specifics of what is required of you and how you get paid. 1 class

Red Cross Babysitter **Training**

Activity #: Date: 350714A 6/26 350714B 8/7 Age: 11 +Day: Friday

9:00 AM-3:30 PM Time:

\$60.00, plus \$12.00 for an Fee:

optional babysitter handbag

Instructor: Mary Veilleux

This course has a unique interactive, educational format that challenges youth. Participants learn by doing. This format, along with the course video and an enthusiastic instructor, keeps the interest of participants and provides a meaningful classroom experience. Participants should bring a packed lunch. 1 class

Health/Blood borne Training

Activity #: Date: 350605A 6/3 8/5 350605B 16+ Age:

Day: Wednesday 7:00-8:30 PM Time: Fee: \$10.00

Instructor: Mary Borger

This course will train child-care providers in identifying a sick child and preventing the spread of communicable diseases. OSHA regulations in preventing the transmission of blood borne pathogens will be discussed. 1 class

Recognize Child Abuse/Neglect Activity #: Date:

351306A 5/13 351306B 7/29 Age: 16 +

Wednesday Day: 6:30-8:30 PM Time:

\$10.00 Fee: Instructor: Toby Austin

This course is designed for persons mandated under the Code of Virginia to report suspected cases of child abuse and neglect. This course assists in recognizing and reporting child abuse and neglect to the proper authorities. 1 class

Red Cross CPR & First Aid

Activity #: Date: 351319C 6/13 351319D 8/29 Age: Day: Saturday

10:00 AM-6:00 PM Time:

\$65.00 Fee:

Instructor: Elizabeth Coberly

This course combines lectures, demonstrations and video with hands-on training and practice. Participants will learn to recognize and respond to emergencies and perform first aid. Class fee includes all materials. 1 class

Medicine Administration Training

Activity #: 350605C Age: 16+

Thursday & Friday Day:

Date: 5/21-22

Time: Thursday 9:00 AM-2:30 PM Friday 9:00 AM-4:00 PM

Fee: \$50.00 Instructor: Mary Borger

Pre-requisite: Current certification in CPR

& First Aid

This is an 8-hour competency based course to train on how to safely administer medication to children through the following routes: oral, topical, inhaled, nebulized, medicated patches, eye, ear, nose & emergency injection of epinephrine using a autoinjector device. Staff who work in licensed or regulated child day programs and give prescription drugs to children are required by the code of Virginia to satisfactorily complete this training by passing written and practical tests. Space is limited. 2 classes



NEW!!! Red Cross CPR Review & First Aid Challenge

Activity #: Date: 351319A 6/9 351319B 8/25 Age: 16+ Day: Tuesday Date: 6/9

Time: 5:30-9:00 PM Fee: \$35.00

Instructor: Elizabeth Coberly

This class is designed for individuals who are currently certified in Community CPR & First Aid. Training videos and skills will be reviewed with participants prior to testing. Class fee includes all materials. Participants may recert in Adult, Child, & Infant CPR & First Aid or just Adult, Child, & Infant CPR or just First Aid. 1 class

"Smart Choices in Retirement"

Activity #: 351307A Age: 16+ Day: Wednesday Date: 6/10

Time: 6:30-7:30 PM

Fee: Recreation Center General

Admission

Instructor: Betty Schutte-Box, CFP with

Edward Jones

After years of work, you now have the opportunity to experience the retirement you've always wanted. By taking some time now to prepare for life in retirement, you'll be more likely to enjoy everything you've dreamed about. To get started, join us for our Smart Choices in retirement seminar. You'll learn 10 principles to help make your money last with the goal of providing a stable, steady retirement income. This is one of the best ways we know to help you prepare for the future. Learn practical ways to help maintain your standard of living in retirement at this educational seminar. 1 class

NEW!!! "Roll It, Take It, Leave It, Move It: Know your Employer Retirement Plan Options"

Activity #: 351307B Age: 16+ Day: Wednesday

Date: 7/8

Time: 6:30-7:30 PM

Fee: Recreation Center General

Admission

Instructor: Betty Schutte-Box, CFP with

Edward Jones

How you handle your 401(k), pension or other employer sponsored retirement plan when you leave your job is one of the most important financial decisions you can make. Learn about the 5 most common distribution options, avoiding the IRS withholding 20% of your distribution, special considerations if you own employer stock, and factoring taxes, penalties & investment options so you will be able to make an informed decision. 1 class

Intermediate Good Manners for Dogs

Activity #: Date:

350606A 5/4-6/15 (no 5/25)

350606C 6/22-7/27

Age: Dogs 5 months+

Handler 12+ with adult

Day: Monday
Time: 6:30-7:30 PM
Fee: \$150.00
Instructor: Cari Messick

This class is designed for dogs that have successfully completed a beginner level training class. Emphasis will be on improving good behaviors previously learned while facing more challenges and distractions. Please bring your dog to the first night of class. 6 classes

AKC Canine Good Citizen Course & Certification

Activity #: 350606B

Age: Dogs 5 months+

Handler 12+ with adult

Day: Monday

Date: 5/4-6/15 (no 5/25) Time: 7:45-8:45 PM

Fee: \$150.00 Instructor: Cari Messick

Canine Good Citizen is a certification program designed to reward dogs that have good manners at home and in the community. The CGC is a two-part program that stresses responsible pet owner-ship and basic good manners for dogs. All dogs, which pass the 10-step CGC test, will receive a certificate from the American Kennel Club. This is considered an intermediate to advanced level course. Test time and date will be decided during the class. Please bring your dog to the first night of class. 6 classes

Basic Good Manners for Dogs

Activity #: 350606D

Age: Dogs 5 months+

Handler 12+ with adult

 Day:
 Monday

 Date:
 6/22-7/27

 Time:
 7:45-8:45 PM

 Fee:
 \$150.00

 Instructor:
 Cari Messick

This class is designed for dogs that have not taken a good manners or obedience class yet. Dogs will learn the basic good manners needed to be a good family companion- all positive training! Participants will also receive a training manual with homework assignments each week. **Do NOT bring your dog to the first night of class**. 6 classes

Make Landscaping Work for You

Activity #: 350715A

Age: 16+

Date: 5/5-6/16 (no 6/9)
Day: Tuesday

Time: 8:00-9:00 PM Fee: \$76.00

Instructor: Mike Hofmann

Do you have an outdoor space that you just don't know how to handle? Have you tried and it's just not turned out like you hoped? Come to this class to find a new way to think about landscaping to make it work for you. Whether you have a particular space in mind or just want to dream, this class is for you. 6 classes

NEW!!! Letterboxing 101

Activity#: Date: 341313A 5/26 341313B 6/30

Age: 6+ with adult Day: Tuesday Time: 6:30-9:00 PM

Fee: Recreation Center General

Admission

Letterboxing is an intriguing pastime, suitable for all ages, that mixes treasure hunting, navigation, and exploring interesting, scenic, and sometimes remote places. This is your chance to learn the history, background, and materials needed to get started on the wide variety of adventures that can be found with this outdoor quest that is similar to geocaching but doesn't require a GPS. 1 class

Fly Fishing & Guided Fishing Trip

Activity #: 340607A

Day:

Age: 16+ unless accompanied by an

adult Friday

Date: 6/5-6/26 Time: 7:00-9:00 PM Fee: \$130.00

Instructor: Dusty Wissmath

This class is a comprehensive introduction to the sport of fly-fishing. The newly acquired skills will be put into practice on a full-day fishing trip. The class will decide the date of the trip. Participants must have a fishing license for the trip. The instructor provides all equipment. 4 classes



For ALL Dog-Training classes, bring proof of vaccinations to first class. Materials needed include flat or buckle collar, 6 ft nylon or leather leash, and treats. Choke, prong, pinch collars or retractable leashes are not permitted in class. Head collars and harnesses are acceptable. All training methods are positive reinforcement and dog friendly. Please provide the age, breed, name and sex of your dog at registration.



Kid's Core-ner

How to Teach Your Child to Read

Activity #: Date: 320701A 5/9 320701B 6/13 Age: 16+ Day: Saturday Time: 10:00-11:30 AM

Fee: \$10.00 (\$10 materials fee payable to the instructor)

Instructor: Jennifer Welliver

This class is designed to help parents, grandparents and caregivers teach their children to read. Participants will receive small group instruction and a take home – learn to read workbook. Our instructor will offer helpful advice and guidance for teaching children to read. Licensed Childcare providers are also encouraged to take this class in which they can receive credit towards annual training hours. 1 class.

Creative Children

Activity #: Class: Date: 320707A Gift for Mom 5/9 320707B Gift for Dad 6/13

Age: 3-9 Day: Saturday

Time: 10:00-11:30 PM

Fee: \$8.00 Instructor: Sara Hartsell

Your child will enjoy making various crafts while socializing with others. In session A, participants will make a special gift for their mom for Mother's Day. In session B, participants will make a special gift for dad for Father's Day. Younger children may attend with an Adult Helper. 1 class

Pre-Ballet I

Activity #: Date: 310702A 5/12-6/2

310702B 6/9-7/7 (no class 6/30)

310702C 7/14-8/4
Age: 3-5
Day: Tuesday
Time: 4:30-5:00 PM
Fee: \$30.00
Instructor: Deborah Libert

Location: Millwood Community Center

These classes are designed to introduce your children to ballet and help improve children's coordination, rhythm and social skills. Classes will incorporate dance movements with music, coordination exercises and the basic poses of ballet. 4 classes

Jazz/Hip Hop Dance

Activity #: Dates: 320703A 5/12-6/2

320703B 6/9-7/7 (no class 6/30)

320703C 7/14-8/4
Age: 6-10
Day: Tuesday
Time: 5:15-6:00 PM
Fee: \$30.00
Instructor: Deborah Libert

Location: Millwood Community Center

This class is an introduction to the basic techniques of jazz dance. Students will be taught to understand rhythm and learn various active dance combinations. These combinations will then be choreographed with music and result in learning some new funky combinations that create a fun routine. 4

Bounce, Rock and Giggle for Infants

Activity #: 310704A Age: 3-18 month old

Day: Friday
Date: 5/15-6/5
Time: 9:30-10:00 AM

Fee: \$30.00 Instructor: Briana Nei

Join other new parents in a time of music and movement with your baby (crawlers ages 3-18 months). Babies will be all smiles as they bounce, rock, and giggle with you! Curriculum will vary from month to month to keep classes fun and exciting! 4 classes

Sing, Clap, and Tickle for Toddlers

Activity #: 310705A Age: 18-36 months Day: Friday Date: 5/15-6/5 Time: 10:15-10:45 AM

Fee: \$30.00 Instructor: Briana Nei

Parents & toddlers (walkers ages 18 month–3 years) come join us in a fun an exciting time of music, dance, and play. Curriculum will vary from month to month to keep classes fun and exciting. Sign up early! Space is limited for these popular enrichment classes. 4 classes





ABC's & 123's Camp

Activity #: Date: 310501A 5/5-5/14 310501B 5/19-5/28 Age: 2¹/₂ - 3¹/₂

Day: Tuesday & Thursday Time: 9:30-10:45 AM

Fee: \$45.00 Instructor: Pam Murphy

ABC's and 123's is fun and exciting when you learn with friends. Join in games, puzzles, art & crafts, music and stories. Classes are developed to introduce and reinforce important early learning skills. 4 classes

Science Discovery Club Activity #: 310502A

Activity #: 310502A
Age: K-5th Grade
Day: Tuesday
Date: 5/5-6/9
Time: 4:30-5:30 PM

Fee: \$10.00 (plus \$10.00 materials

fee payable to the instructor)

Instructor: Jennifer Wiseman

Chemistry, Engineering, Physical Science, and Space; come and be a scientist who will explore, ask questions, do experiments, and try new activities. We will make Gluep, Spaghetti/Marshmallow Bridges, Skewer a Balloon, Piezo Poppers, and Lava Lamps to name a few and keep a Science Journal too. 6 classes

Afterschool with the Park for 2009/2010 School Year

Activity #: 511101 Ages: K-5th grade Day: Monday-Friday

Date: Follows Clarke County Public

School Schedule

Time: 3:00-6:00 PM

Fee: \$42.00 per week (paid monthly

plus a \$15.00 non-refundable

registration fee)

Location: Clarke County Recreation

Center

Registration Begins: June 1st

This program runs daily on regular school days and provides full day care on teacher workdays (there is an additional fee on full days). Transportation is provided to Clarke County Recreation Center for children who attend D.G. Cooley, Boyce Elementary or Berryville Primary. Registration packets available at Recreation Center May 26.



For ALL Opus Oaks Art Camps/Workshops: Healthy snacks are provided but full day participants should bring a packed lunch daily. All materials are provided unless otherwise stated. An information packet will be mailed prior to your camp so register early! Scholarships are available by calling 955-4226.

Mural Painting Workshop

Activity #: 320502C 12+ Age:

Monday-Friday Day: Date: 6/22-6/26 9:00 AM-1:00 PM Time:

\$90.00

Instructor: Bonnie Jacobs & Doug Pifer

Bring art into downtown Berryville by painting scenes from Clarke County on a large mural on Dr. Twiggs building! Learn to designing concepts, enlarging techniques and how to paint bigger than you have ever painted before. Scenes will be of art and music happenings around the county. Both Bonnie and Doug are experienced and talented muralists! Classes are held at 109 1st Street. 5 classes

Craft & Art Camp Activity #: Date:

320511C 6/22-6/26 320511D 8/3-8/7 Age: 8-12

Day: Monday-Friday 9:00 AM-4:00 PM Time:

Fee: \$185.00

Instructor: Cathy West/Alice Rodway

Opus Oaks has plans for two special art camps. Session C, with Cathy West, will explore the nearby woods to collect nature items to produce a variety of handcrafted items. Crafts will include tyedyed shirts, dreamcatchers, pulp paper, natural jewelry and more. Session D. with Alice Rodway, will include a variety of art experiences with outdoor activities. Activities will include: painting, sculpture, nature study, drawing, creating Artville, lots of water fun, and swinging on the big swing. Classes are held at 2330 Crums Church Rd. 5 classes

Junior Art Camp

Activity #: Date: 320511A 6/29-7/3 7/20-7/24 320511B 5-7 Age:

Monday-Friday Day: Time: 9:00 AM-12:00 PM

\$70.00 Fee: Instructor: Alice Rodway

Introduce young artists to a variety of art experiences designed to stimulate their creativity. Activities will include painting and sculpture. Classes are held at 2330 Crums Church Rd. 5 classes

Sculpture Camp Activity #: 320503A

Age: 8-12

Day: Monday-Friday Date: 6/29-7/3 Time: 1:30-4:30 PM

Fee: \$75.00

Instructor: Alice Rodway & Steve Clegg

Participants will work in clay to create sculpture while exploring different techniques. Most materials are included. Classes are held at 2330 Crums Church Rd. 5 classes

Acrylic/Oil Painting Workshop

Activity #: 320504C Age:

Day: Monday-Friday Date:

6/29-7/3 Time: 9:00 AM-4:00 PM

Fee: \$185.00

Instructor: Gale Bowman-Harlow

The focus of this camp will be to take an idea for a painting and develop it using different drawing and painting techniques and mediums. Color and composition will be explored. Participants should come with 6 pictures and ideas of their own. Classes are held at 109 First Street. 5 classes

Painting on Location Camp Activity #: 320502D

Age:

Day: Monday-Friday Date: 6/29-7/3

9:00 AM-1:00 PM Time:

Fee: \$90.00

Instructor: Bonnie Jacobs

Participants will learn basic painting techniques, color mixing, color theory, composition, and building with color, & mediums. The first class will meet at Clarke County Parks & Recreation but the location will change each day. A list of the locations will be available at the first class. 5 classes

NEW!!! Mystical Horse Art Camp

Activity #: 320512C Age: 10-15

Day: Monday-Friday Date: 7/6-7/10

9:00 AM-4:00 PM Time:

Fee: \$185.00

Instructor: Steve Clegg & Alice Rodway

Opus Oaks is now the home of the Mystical Horse, an 8-foot giant sculpted horse. Using their incredible imaginations, campers will design and create the horse's identity using a variety of materials: paint, mosaics, metals, and more. Perhaps the horse will even need wings! Stories will be told about this horse so let your imaginations run wild! Classes are held at 2330 Crums Church Road. 5 classes

Drawing and Watercolor Workshop

Activity #: 320504B

15+ Age:

Day: Monday-Friday Date: 7/6-7/10 Time: 9:00 AM-4:00 PM

\$185.00 Fee:

Instructor: Doug Pifer & Gale Bowman-Harlow

This is a time to discover nature and how to interpret what you experience through drawing and watercolors. The group will travel to different locations to explore and record what you discover. Doug Pifer will open up a whole world of knowledge about how to look at natural object. Wear old clothes and be prepared for walking outdoors. Classes are held at 2330 Crums Church Road. 5 classes

Darkroom Photography

Activity #: Date: 320502A 7/6-7/10 320502E 8/17-8/21

Age: 10 +

Day: Monday-Friday Time: 9:00 AM-1:00 PM

Fee: \$100.00 Instructor: Bonnie Jacobs

Participants will learn to take black and white pictures, develop film and print images. Participants will then learn to mat, frame and hang their images. Participants need to bring a 35mm camera (automatic or manual), 2 rolls of black and white TRI-X PAN (asa) 400-speed 35mm film (No substitutions will be accepted!) and 25 sheets of B/W 5x7 paper. Classes are held at 109 1st Street. 5 classes

NEW!!! Wee Artist Camp

Activity #: 320512D Age: 4-6

Day: Monday-Friday Date: 7/13-7/17

9:00 AM-12:00 PM Time:

\$70.00 Fee: Instructor: April Shaffer

Students will create several pieces using many different mediums and techniques. Students will learn how to use "Artist's Tools", or "The Elements of Art" to create their own unique works of Art. Come prepared to get messy and have fun! Classes are held at 2330 Crums Church Rd. 5 classes

Fiction Writing Workshop

Activity #: 320501B 14-18 Age:

Day: Monday-Friday 7/13-7/17 Date: Time: 9:00 AM-4:00 PM

Fee: \$185.00

Instructor: Jessi Lewis & Chad Lewis

Participants will create and edit their own fiction piece and bring it closer to publication in this unique workshop environment. It will be a study of the traditional and the experimental, including focus on works by Jonathan Safran Foer and Cormac McCarthy. Participants should bring any work that inspires them to write or pieces they've written. Classes are held at 109 First Street. 5 classes



Animal Art Camp

Activity #: Age: Date: 320512A 8-14 7/13-7/17 320512B 15+ 7/20-7/24

Day: Monday-Friday
Time: 9:00 AM-4:00 PM
Fee: \$185.00

Instructor: Session A: Manci Ohrstrom,

Alice Rodway & Doug Pifer Session B: Manci Ohrstrom, Chrissy McFarren &Gale

Bowman Harlow

Campers will explore the in-depth relationship between animals and the earth. They will use art and a variety of techniques to develop new understandings and avenues for living in ecological harmony. Classes are held at 2330 Crums Church Rd and Ohrstrom Farm. 5 classes

Painting Camp

Activity #: 320504D Age: 8-12

Age: 8-12 Day: Monday-Friday Date: 7/20-7/24

Time: 1:30-4:30 PM Fee: \$70.00

Instructor: Alice Rodway & Bonnie Jacobs

Campers will explore printmaking using different materials to create printing blocks. Students will learn about making a printing block, inking their image, and burnishing the paper to pull multiple prints. Classes are held at 2330 Crums Church Rd. 5 classes

NEW!!! Comic Book Camp

Activity #: Age: Date: 320503C 8-11 7/20-7/24 320503D 12-14 7/20-7/24

Day: Monday-Friday
Time: C: 9:00 AM-12:00 PM

D: 1:30-4:30 PM

Fee: \$70.00

Instructor: Gale Bowman-Harlow & Steve

Clegg

In Session C, students should come to camp ready to create his/her own comic book strip(s). The lessons will introduce young students to character development, plot flow, and scene design within a simple comic. In Session D, participants will experience an in depth study of graphic novels and how to create them. The lessons will include studies in dialogue, plot planning, and character design. Each student will complete their own a short comic during the camp. Classes are held at 109 1st Street. 5 classes

Fantasy Art Camp

Activity #: 320504A Age: 8-12

Day: Monday-Friday Date: 7/27-7/31

Time: 9:00 AM-4:00 PM

Fee: \$185.00

Instructor: Steve Clegg & Gale Bowman-

Harlow

Get ready for some serious fantasy illustration and sculpture work. Participants will learn how to develop an idea, do artistic research, and create a fantasy character. Each participant will choose his/her subject matter so come with ideas. We will also be working on the Magical Dragon! Classes are held at 2330 Crums Church Rd. 5 classes

Women's Art Workshop

Activity #: 320501C Age: 14+

Day: Monday-Friday
Date: 7/27-7/31
Time: 9:00 AM-4:00 PM

11me: 9:00 Alvi-4:00

Fee: \$185.00

Instructor: Chrissy McFarren & Alice

Rodway

Chrissie McFarren and Alice Rodway will present a platform for you to share and express your opinions and feelings on issues that effect you personally through a variety of art mediums: collage, personal mandalas, sculpture, painting, drawing, assemble boxes, and more. Topics include the female body, family and friends, the environment, politics, global issues, peace, hunger, war, and the sky is the limit. Please bring an 11x14 sketchbook. Classes are held at Full Circle Farm (164 Boyers Lane). 5 classes

Sculpture Workshop

Activity #: 320503B

Age: 14+

Day: Monday-Friday Date: 8/3-8/7

Time: 9:00 AM-4:00 PM

Fee: \$185.00 Instructor: Louie Dobson & Gale

Bowman-Harlow

Participants will work in clay and plaster to create sculpture while exploring different techniques. We will study the works of Henry Moore, Patrick Daugherty, Stephan Balkenhol, Naguchi, and Peter Randall-Page. Our guest artist will be Malcolm Harlow. Most materials are included. Classes are held at 2330 Crums Church Road. 5 classes

Photography Camp @ the Fair

Activity #: 320502B Age: 10+

Day: Monday-Friday
Date: 8/10-8/14
Time: 9:00 AM-1:00 PM

Fee: \$90.00 Instructor: Bonnie Jacobs

Learn photography through the eye of the camera to capture color, composition, portraiture, and, activity. Participants will discover a new way to experience, witness, and visually record all of the dynamics of the Clarke County Fair. Digital or 35mm Cameras are welcome. Don't forget extra film if using a 35mm camera! The first class will meet at Clarke County Parks and Recreation and at the fair office the remainder of the week. 5 classes

NEW!!! Weaving Workshop

Activity #: 320501D Age: 10+

Day: Monday-Friday

 Date:
 8/3-8/7

 Time:
 2:00-4:00 PM

 Fee:
 \$220.00

 Instructor:
 Kelli Arrington

Practice weaving on a floor loom. Learn the full process of "dressing" a loom, winding warp and threading the loom. Students will weave a wonderful sampler and a designer scarf. Classes are held at 109 First Street. 5 classes

NEW!!! Stone Carving

Workshop Activity #: 320501A

Activity #: 320501A Age: 15+

Day: Monday-Friday Date: 8/10-8/14

Time: 9:00 AM-4:00 PM

Fee: \$225.00

Instructor: Malcolm Harlow

Come join this class to learn the age-old craft of stone carving with one of the Masters, Malcolm Harlow. Students will use chisels, hammer, air tools, and plenty of muscles to learn how to carve stone. You will work from your own clay design. Dress for dusty work! Classes are held at 2330 Crums Church Road. 5 classes

Youth Pottery Camp

Activity #: 320202A
Age: 11+
Date: 6/22-6/26
Day: Monday-Friday
Time: 10:00-11:30
Fee: \$56.00
Instructor: Aurelie Schmid



Child Pottery Camp

Activity #: Date: 320202B 7/6-7/10 320202C 7/13-7/17 320202D 8/3-8/7 Age: 6-12

Day: Monday-Friday Time: 10:00-11:30 AM

Fee: \$56.00

Instructor: Aurelie Schmid, Mizue

Croswell

Explore different pottery techniques such as slab, coil or pinch pots. Participants will complete specific projects and enjoy making their own creations. Wheel throwing will be demonstrated and practiced. Parents are welcome to attend these classes with their child and participate for an additional supply fee of \$25.00. 5 classes

Musical Theatre Camp

THE CORE • SPRING/SUMMER 2009

Activity #: Age:

320705A 8-11 9:00 AM -12:00 PM 320705B 12:30-4:00 PM 12-15

7/27-7/31 Date: Day: Monday-Friday \$65.00 Fee:

Instructor: Tammy Lanham & Susan

Merriman

TBD(Clarke County High Location:

School)

Learn the basics of choral singing and choreography. Emphasis on vocal production and coaching in sight-reading techniques such as solfege (do,re, mi) will be explored. This year's show will include selections from "Annie" and "West Side Story". Activities will culminate in a final performance for family and friends at the end of camp. 5 classes

Hip to be Cool CampActivity #: 320508A

8-13 Age:

Monday-Thursday Day:

6/15-6/18 Date: 9:30-11:30 AM Time: \$40.00 Fee: Instructor: Sara Hartsell

Participants will work with various fabrics and dying techniques to create their own personalized summer accessories, Frozen Bandanas and clothing, as well as sewing on embellishments for their projects. Students will receive a materials list prior to class. Participants should bring a water bottle and a snack to class. 4 classes

Candy Making Camp

Activity #: 320505A Age: 8-13

Day: Monday-Thursday

7/20-7/23 Date: 9:30-11:30 AM Time:

\$40.00 Fee:

Instructor: Sara Hartsell

Participants will experiment with making a variety of different types of candy, including chocolate, hard tack, and various types of "old fashioned homemade from scratch" candy. A water bottle and snack should be brought to class as well as a smock or apron to protect their clothing. 4 classes

Baking Camp Activity #: 320708A

6-13 Age:

Day: Monday-Thursday

Date: 6/29-7/2 Time: 9:30-11:30 AM \$40.00 Fee: Instructor: Sara Hartsell

Participants will experiment with making a variety of different types of baked goods, in an "old fashioned homemade from scratch" way as well as the semihome made way. Participants may get messy. A water bottle should be brought to class as well as a smock or apron to protect their clothing. 4 classes

Smelly Goods Camp Activity #: 320709A

Age: 6-13

Monday-Thursday Day:

7/6-7/9 Date: 9:30-11:30 AM Time:

Fee: \$40.00 Instructor: Sara Hartsell

Children will learn to make handmade soaps, body sprays and other gift basket items. Participants should bring a cover up or clothes okay to get messy and a small basket to carry their items home. Participants should bring a water bottle and a snack to class. 4 classes

Outdoor Explorers Camp

Activity #: Dates: 320702A 6/22-6/25 320702B 7/13-7/16 320702C 8/3-8/6 6-13 Age:

Day: Monday-Thursday 9:00-12:00 PM Time:

\$45.00 Fee: Instructor: Sara Hartsell

Session A: Nature Bugs -Participants will participate in a variety of outdoor games and activities, go on nature hikes, learn about plants & animals and work in a garden. Session B Outer Space-Participants will be learning all about our solar system through a variety of activities, out of this world games and craft projects. Session C Erupting Earth -Participants will learn about "letting off a little steam" while experimenting with models of volcanoes and geysers 4 classes

Youth Soccer Camp Activity #: 350510A

Age: 5-9 6/22-6/26 Date:

Day: Monday-Thursday 9:00-11:00 AM Time:

Fee: \$35.00 Instructor: Betsy Munson

Soccer Camp

Activity #: 350517A Age: 10-15 6/29-7/2 Date:

Monday-Thursday Day: 9:00-11:30 AM Time:

Fee: \$35.00 Instructor: Betsy Munson

Soccer Players WANTED! Participants will be instructed in the FUN-damentals of the game of soccer. Participants should bring a water bottle, snack, soccer ball and wear cleats/athletic shoes

and shin guards. 4 classes





Volleyball Camp

Activity #: 350511A

Completed 5th grade-11th Age:

grade Date: 7/6-7/10 Monday-Friday Day: 1:00-3:00 PM Time:

Fee: \$60.00 Instructor: Joanne Todd

This camp is designed for beginners and those with experience. Basics will be taught and reviewed including passing, serving, setting, and spiking. Serve receive positioning, defensive and offensive formations will be included. Time will be set aside for drills, scrimmaging and court play. 5 classes

Basketball Camp

Activity #: 320513A

Completed K-5th Grade Age:

Date: 7/6-7/10

Day: Monday-Friday 9:00-12:00 PM Time:

Fee: \$45.00

Instructor: Christian Waters

This camp is ideal for players who are beginning to show interest in the game of basketball.

Participants will be instructed in the primary skills of the game such as dribbling, shooting and defense. 5 classes

Youth Tennis Camp

Activity #: Date: 350518A 6/29-7/2 7/6-7/9 350518B Age: 7-11

Day: Monday-Thursday 9:00-10:30 AM Time:

Fee: \$40.00 Instructor: Jim Noland

Come and join us for this fun camp but hurry SPACE is Limited! Participants will increase their knowledge of the game through instruction, drills and friendly competition. Bring racquet, water bottle and snack 4 classes

Middle School Tennis Camp

Activity #: Date: 350519A 6/29-7/2 350519B 7/6-7/9 Age: 12-15

Day: Monday-Thursday 10:45AM-12:15 PM Time:

Fee: \$40.00 Instructor: Jim Noland

Come and join us for this fun camp but hurry SPACE is Limited! Participants will increase their knowledge of the game through instruction, drills and friendly competition. Bring racquet, water bottle and snack 4 classes



Junior Golf Camp

Activity #: Date: 350913A 6/22-6/26 350913B 7/13-7/17 350913C 8/3-8/7 Age: 8-16

Monday-Friday Day: 9:00-11:00 AM Time:

\$75.00 Fee:

Instructor: Jerry Wampler, PGA

CCPR is offering instructional clinics to junior golfers. Participant will be taught the following: Putting, Chipping, Pitching, Bunker, Full Swing, Safety and Etiquette. Children will receive gifts and prizes each day. Jerry Wampler, PGA Golf Professional for Rock Harbor Golf Course and can be contacted at 540-722-7111. 5 classes

Sing, Clap, and Tickle Camp

Activity #: Daté: 10:00-11:00 AM 311211A 8/10-8/14 18 month-3 years old Age: Monday-Friday

Day: Fee: \$45.00 Instructor: Briana Nei

Location: Millwood Community Center

In celebration of summer, come Sing and Play! The class is divided into a time of structured music and a time of free exploration for parent and child. Hands-on crafts, sensory tables, puzzles, and stories will keep your child busy and full of discovery! Come dressed to get messy. 5 classes

Sing and Play Camp Activity #: 310706A

Age: 3-5

Day: Monday-Friday 8/10-8/14 Date:

11:15AM-12:15 PM Time:

Fee: \$45.00 Instructor: Briana Nei

Millwood Community Center Location:

Pre-schooler will enjoy this fun filled program of music making. Play instruments, sing and begin reading music in this parent-child class. Movement, crafts, and beginning phonics/math skills are introduced with a musical flare. Parents may leave and come back for sharing time at the end. 5 classes



Washington Redskin **Tickets**

Will be available on August 17, 2009 through the Clarke County Parks & Recreation Department. Please call 540-955-5140 after August 5, 2009 for more details.

Sports & Athletics

Youth Tennis Lessons

Activity #: Date: 320901A 6/3-6/24

7/8-8/5 (no class 7/15) 320901B

Age: Wednesday Day: 6:00-7:00 PM Time: \$40.00 Fee:

Instructor: Jim Noland

Adult Beginner Tennis Lessons

Activity #: Date: 350902A 6/3-6/24

350902B 7/8-8/5 (no class 7/15)

Age: Wednesday Day: Time: 7:15-8:15 PM \$40.00 Fee: Instructor: Jim Noland

Whether you're just starting out or want to brush up on your tennis skills. One of these classes should be right for you to have fun learning the fundamentals of tennis with others. Great way to locate a tennis partner for the summer. 4 classes

Private Tennis Lessons are available for beginner and intermediate players. Contact the Park for details.

Women's Tennis League

Activity #: 350903A Age: 18 +**TBD** Day:

Date: Begins May 2009

Time:

Fee: \$20 per person

Participant will get a chance to compete against one another through out the Spring/Summer playing various formats of Tennis. Contact Tracey Pitcock 540-955-5149 for further details.

Men's Tennis League

Activity #: 350904A Age: 18 +**TBD** Day:

Begins May 2009 Date:

Time: **TBD**

Fee: \$20 per person

Participant will get a chance to compete against one another through out the Spring/Summer playing various formats of Tennis. Contact Tracey Pitcock 540-955-5149 for further details.

Adult Golf Day Workshop

Activity #: Date: 350914A 4/4 350914B 4/18 350914C 5/9 350914D 5/30 350914E

Time: 9:00-2:30 PM Day: Saturdays Age: 16+ Fee: \$125.00 Instructor: Ed Hall

Location: Locust Hill Golf Course

This one day six hour Golf Workshop for intermediate to advanced Golfers will include a combination of group and one-on-one instruction focusing on iron play, driver, short game, & putting lessons, Q&A, and practice. Clubs are available if needed and lunch is included. Ed Hall, Professional Golf Instructor for Locust Hill Golf Course has over 35 years of teaching experience. He can be contacted . @ 304-728-7300.

Youth Open Soccer Activity #: 250907A

5-18 Age: Friday Day:

4/3-5/29 (No class on 4/10) Date:

1:30-3:30 PM Time:

Fee: \$5.00

Instructor: Helen Lawyer

Participants must wear shin guards and bring their own soccer ball and water bottle. Parents are required to help out with this program to keep the cost low and keep it open to large numbers of players. Participants will receive instruction in kicking, dribbling and passing the ball. Scrimmage will be set up with individuals in your own age.

Rec Co-ed Softball League

Activity #: 350905A Age: 16 +

Day: Tuesday, Thursday, and

Sunday

Date: Beginning on 5/21

6:30 PM weekdays, 1:00 PM Time:

on Sundays

\$175/team Registration Deadline: 5/4

The Recreational Co-ed Softball League is designed for all players interested in the recreational aspects of the game. This is a Self-Umpired League. Join as a team with your friends, neighbors or co-workers. It's a lot of fun and cama-raderie at affordable league rates.







Summer Youth Basketball League

Activity #: 350906A Age: 11-14

Date: Try-outs Friday 5/22 Games -Friday night Day:

6:00-8:00 PM Time: \$55.00 Fee:

Registration Deadline: 5/22

Summer Youth Basketball League is a fun instructional league for our youth. If gives them a chance to improve and stay active over the summer. Players will be drafted on teams at try-outs on Friday, May 22nd from 6:00-7:00 PM. Players will have a weekday practice then play games against other teams in the league on Friday nights starting at 6:00 PM.

Junior Golf Clinics

Activity #: Date: 350911A 4/26-5/17 5/31-6/21 350911B 350911C 7/12-8/2 4:00-5:15 PM Time: Sundays Day: Age: 8-16 Fee: \$65.00

Instructor: Ed Hall

Locust Hill Golf Course Location:

Adult Golf Clinics

Activity #: Date: 350912A 4/26-5/17 5/31-6/21 350912B 350912C 7/12-8/2 Time: 2:00-3:15 PM Day: Sundays Age: 16 +\$65.00 Fee: Instructor: Ed Hall

Location: Locust Hill Golf Course

Participant will be taught: Grip, Putting, Golf Swing, Golf etiquette, and Practice Drills. Clubs are available if needed. Just let us know. Ed Hall, Professional Golf Instructor for Locust Hill Golf Course has over 35 years of teaching experience. He can be contacted @ 304-728-7300.



institute

US Sports Institute in coordination with **Clarke County Parks and Recreation** are pleased to present the following Summer Camps at Chet Hobert Park.

MULTI SPORTS CAMP

Experience over 15 different sports from around the world with the US Sports Institute. All activities will take place in an atmosphere which promotes good sportsmanship teamwork and most of all fun. Campers will receive Technical Instruction in each sport then experience the sport in a realistic game situation as well as participating in the exciting USSI World Cup Competition. Campers will receive a T-shirt and certificate. This is the only sports camp truly dedicated to children of all sporting abilities.

7/27-7/31 Dates:

Ages: 5 to 14 year olds

9am to 1pm (5-7 year olds) Time: 9am to 3pm (7-14 year olds)

Cost: Half Day \$129.00/pp

Full Day \$149.00/pp

SPORTS SQUIRTS PROGRAM

The Sport Squirts program introduces children aged 3 to 5 to a variety of sports such as Soccer, T-ball, Basketball, Lacrosse and Hockey, all taking place in a safe structured environment ensuring learning is taking place. Activities are designed to evoke a child's imagination in which they can Find Nemo, send Shrek into a spin or capture Jellyfish with Sponge Bob Square Pants. All activities promote hand-eye coordination, movement and balance and most importantly Fun, Fun, Fun.

Dates: 7/27-7/31 Ages: 3 to 5 year olds 5:00-6:30 PM Time: Cost: \$89.00/pp

Please note that ALL REGISTRATIONS and Enrollment Information for this program will be handled directly with **US Sports Institute. Please visit their website at www.UssportsInstitute.com or contact them at 732-563-2520.



Horizon Basketball Association

P O Box 650984. Potomac Falls, VA 20165-0894 www.horizonbasketball.com 571 434-8HBA (8422)

Clarke County Parks and Recreation in coordination with Horizon Basketball Association are pleased to present the following Summer Camps at Chet Hobert Park Berryville, VA.

Just Us Girls Summer **Camp - July 13-17**

is designed for girls who want a combination of skill development while still focusing on fundamentals. Skills like shooting off screens, proper defensive footwork and positioning, transition play and competitive group offensive and defensive drills will be covered. Camp will also include team play to "show what you know". Come have some fun.



Mini-Camps -Start in April

Mini-camps are designed to teach strong mechanics and philosophies of the game. HBA will teach the basic fundamentals and the advanced concepts while emphasizing the importance of team play.

Space will be limited, sign up now!!!

**Please note that ALL REGISTRATIONS and Enrollment Information for this program will be handled directly with the Horizon Basketball Association. Please visit their website at www.horizonbasketball.com or contact them at 571 434-8HBA (8422) for details.



Trips, Tours & Adventures

Baltimore Orioles Vs New York Yankees

Activity #: 351001A

Age: 8+ (anyone under 18 must be

accompanied by an adult)

Day: Saturday Date: 5/9/09

Time: Depart from Recreation Center

promptly at 4:00 PM

Fee: \$42.00

Travel with us to see the Orioles go up against their Division rivals the New York Yankees at Camden Yards. Start time is 7:05 PM. Ticket and Van transportation is included. Bring your team spirit with you!

Baltimore Orioles Vs Washington Nationals

Activity #: 351002A

Age: 8+ (anyone under 18 must be

accompanied by an adult)

Day: Saturday Date: 6/27/09

Time: Depart from Recreation Center

promptly at 4:00 PM

Fee: \$52.00 (Includes All you can

Eat!)

Travel with us to see the Orioles go up against their Beltway rivals the Washington Nationals at Camden Yards. Start time is 7:05 PM. Ticket and Van transportation is included. Bring your team spirit with you!



Discounted, Good Any Day. Ages 3-61 (48" or taller) \$40.00 Ages 3-61

(48" & under or over age 62) \$30.00

Park & Recreation Days

Ages 3 and above \$30.00 Valid July 3 through August 7, 2009

Tickets may be purchased at the recreation Center during regular operating hours.

New England Trip

Activity #: 441002A
Age: 18+
Day: Mon- Sat
Date: 9/14-9/19/2009
Time: Departure time TBD

\$955.00 pp/Double Occupancy

\$865.00/pp if 35 or more sign-

up

Fee:

Hurry space is very limited for this spectacular fall adventure! It's an ALL-Inclusive trip includes: Round trip transportation from Berryville Six days-Five Nights Inclusive New England Fall Foliage Trip. Highlights include side excursions on the Cannon Mtn Aerial Tram, Squam Lake Cruise, Lake Winnipesaukee Railroad. Contact the Park for Deposit Info and further details.

Coming Soon!
Clarke County Farm Tour
Day Trips
Shopping Trips
Check back in the Fall



Are you ready to raft/canoe/kayak, bike or rock climb your way out of the summer blahs?

Clarke County Parks and Recreation has partnered with the River Riders to bring a dose of Adventure and Thrills for up to 10 weeks of the most exciting summer camp experience in the tristate area! Experience a multitude of outdoor adventure based activities that are lead by certified guides in our Outdoor Adventure and Overnights Camps for middle-school, teens and adults

Shuttle transportation can be arranged to and from Clarke County Parks and Recreation.

**Please note that ALL REGISTRATIONS and Enrollment Information for this program will be handled directly with River Riders.
Please visit their website at www.clarkecountyadventurecamp.com or contact them at 800-326-7238.

Mid-week Hikes

Age: 18+ Day: Thursday

Time: May/June Hikes leave at 9:00 AM and return about 3:00 PM Time: July/August Hikes leave at 8:00 AM and return about 2:00 PM

Fee: \$13.00

Enjoy nature in the company of friends, on hikes 3-4 miles long led by naturalist Kristin Zimet. Wear sturdy shoes and bring lunch, water, and sun protection. On the way home we like to stop for ice cream and coffee.

Activity #:	Date:	Location:
341001A	5/7/09	Thompson, VA WMA
341001B	5/14/09	Theodore Roosevelt Island, VA
341001C	5/21/09	George Washington National Forest, VA
341001D	5/28/09	C & O Canal, MD
341001E	6/4/09	Shenandoah National Park, VA
341001F	6/11/09	W & OD Trail, VA
341001G	6/18/09	Ice Mountain, WV
341001H	6/25/09	C & O Canal, MD
3410011	7/9/09	Lake Accotink, VA
341001J	7/16/09	Yankauer Preserve, Pontoon Boat Ride, & Picnic
341001K	7/23/09	C & O Canal, MD
341001L	7/30/09	Appalachian Trail, MD
341001M**	8/6/09	Moonlight Float Trip
341001N	8/13/09	Blandy Farm, VA
3410010	8/20/09	Trout Pond, WV
341001P	8/27/09	C & O Canal, MD
44/ .		

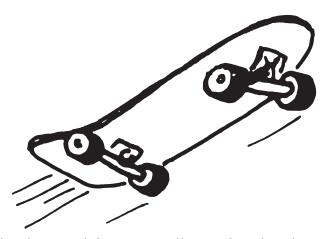
^{**(}extra cost for canoe or kayak rental; backup date 13th)



Birthday Party Packages:

The Clarke County Recreation Center offers Birthday Party packages and many options to meet your budget and help you plan the perfect party. Packages include set-up, clean up, room rental and /or gym rental, decorations, and gift bags, so relax and let us do the work! Please call the birthday party coordinator at 540-955-5140 for more information and to schedule parties. A Limited number of dates are available. Please book dates at least 3 weeks in advance.





Skate Park

hours of operation: Saturday, May 9th 1:00 PM - 4:00 PM Saturday, May 16th 1:00 PM - 4:00 PM Saturday, June 13th 1:00 PM - 4:00 PM Saturday, June 27th 1:00 PM - 4:00 PM Saturday, July 11th 1:00 PM - 4:00 PM Saturday, July 25th 1:00 PM - 4:00 PM

The skate park is open to all ages. 9 and under must be accompanied by an adult. Ramps and grind rails are set up at the pool parking lot in May. Starting in June will be set up at the Recreation Center Parking Lot. Helmets are required and pads are recommended.

The Gym Schedule

Monthly gym schedules are available at the Recreation Center. Gym schedules change monthly due to Park programs and special events. Changes to the schedule are posted in advance and up to date information is available by calling 540-955-5140.



After School Open Gym

Monday - Friday 3:00 PM-5: 30 PM

Full gym time reserved for school aged children.

General Admission fees apply. Discount passes are available.



Clarke County Youth Sports Organizations

Clarke County Little League 955-9950
Kim Braithwaite 955-2147
Eteamz.com/clarkecountylittleleague
P.O. Box 812 Berryville, VA 22611

Clarke Co. Youth Football & Cheerleading Contacts:

Football: Pete McClean...... 571-437-7305 Cheerleading: Hope Cather ... 540-550-4277 www.ccyfinc.com

P.O. Box 967 Berryville, VA 22611 Early Registration for CCYF & CCYC 04/01/09 – 6/13/09 Registration Ends 06/27/09

Parks & Recreation Staff

Lisa A. Cooke, CPRP Director

Tanya Braithwaite Administrative Services Manager

Shannon Martin, CPRP Recreation Program Coordinator

Tracey Pitcock, MES
Recreation Program Coordinator

Christie Knoll
Childcare Specialist

Brandon Kovak Recreation Manager & Facilities Superintendant

Ann Boothe Customer Service Specialist

> Angie Cather Office Assistant



225 Al Smith Circle Berryville, VA 22611

Phone: 540-955-5140 Fax: 540-955-4049 Email: ccpr@clarkecounty.gov Website: www.clarkecounty.gov/parks

INSTRUCTORS NEEDED

Do you have a special talent that you would like to share with others? Call 540-955-5140 for more information or stop by the Clarke County Recreation Center for an employment application.

Parks & Recreation Advisory Board

Lawrence White, Chairman Paul Jones, Vice-Chairman

Steve Wisecarver Daniel Sheetz
Gary Lichliter Janelle Allison
Ronnie Huff Emily Rhodes

Dennis Heflin

P&R Advisory Board meetings are held the third Wednesday of each month at 6:00 PM at the Recreation Center and are open to the public.

Oops!! We cancelled your class because we didn't know you were interested. Sometimes we have wonderful classes with excellent instructors cancelled because people wait to register. Our programs have minimum enrollment requirements that must be met in order to hold the class.

So what are you waiting for?!? Register today!



Summer Playcamp 2009

Activity #: Themes: Date: 550401A Pirates' Life for Me 550401B Red, White & Blues 550401C Puttin' on the Ritz 7/13-7/24 550401D Down By the Bay 7/27-8/7

Age: Children who have completed Kindergarten- 5th grade and are not older than 13 years of age by December 31, 2009.

Day: Monday – Friday Time: 7:30 AM-6:00 PM

Fee: \$220.00 per session plus a \$8.00 t-shirt fee (t-shirts required for field trips)

Summer Playcamp is divided into four sessions. **Each two-week session will have one off site Field Trip.** In addition to our off site trips campers participate in a variety of activities such as arts & crafts, pool time, sports activities, and much more. Each camper should bring a non-perishable lunch. The camp will be housed at Clarke County Parks and Recreation and will utilize the full Park facilities for daily activities.

REGISTRATION: Walk-in registration at the Clarke County Recreation Center **is required.** Registration begins Saturday April 18 at 9AM for county residents and Monday April 20 at 9AM for non-county residents. Packets may be picked up **prior to registration** at the Recreation Center during regular operating hours. **At the time of registration, you must bring** (1) A copy of the Child's Immunization Records, (2) A copy of the School Physical Examination (3) Original Birth Certificate for CCPR staff to view and record. <u>Without this information, registration cannot be accepted.</u> Additional information needed to complete the registration form includes name, address and phone number for individuals (other than the parents) to be contacted in case of an emergency, contact information for persons authorized to pick up child, physician and dentist telephone numbers, and insurance information.

PAYMENT: When signing up for Playcamp, patrons must **pay in full** for the first session they wish to enroll in and a **non-refundable** \$110.00 deposit for each additional session they wish to hold a spot. Families with multiple children participating in the program will only be required to pay the non-refundable deposit per session for one child. Participants can take one vacation week if participating in more than one session. Tuition during a session with a vacation week is \$110.00, due at registration. Registration and payment for swim lessons and all specialty camps is due at registration.

SWIM LESSONS: For an additional \$36.00 per session, children may be registered for *swim lessons at 10:00 AM*. Lessons will be scheduled during the first session that the camper is enrolled in Playcamp. Camp staff will transport children to & from their lessons. See the "Guidelines for Placement in Learn-to-Swim Classes" for level requirements. *A \$5.00 administrative fee will be charged for all swim lesson transfer and cancellation requests.*

SPECIALTY CAMPS: For an additional fee, children may be registered for the following camps which correspond with the Playcamp schedule and occur on Park property. For description & times please refer to the "Specialty Camps" section of the Core and verify camp does not conflict with swim lessons. Camp staff will transport children to and from the camp(s). **Note: Playcamp Staff does not transport or pick up campers from Specialty Camps on FRIDAYS. Other arrangements must be made.**

Camp Name/Activity #	Date/Time:		Age: Fee:		Camp Name/Activity #	Date/Time	e:	Age:	Fee:
Hip to be Cool Camp 320508A	6/15-6/18	9:30-11:30AM	8-13	\$40	Youth Tennis Camp 350518B	7/6-7/9	9-10:30AM	7-11	\$40
Outdoor Explorers 320702A	6/22-6/25	9AM-12PM	6-13	\$45	Middle School Tennis 350519B	7/6-7/9	10:45AM-12:15PM	12-15	\$40
Youth Soccer Camp 350510A	6/22-6/26	9-11AM	5-9	\$35	Child Pottery Camp 320202B	7/6-7/10	10-11:30AM	6-12	\$56
Youth Pottery Camp 320202A	6/22-6/26	10-11:30AM	11+	\$56	Child Pottery Camp 320202C	7/13-7/17	10-11:30AM	6-12	\$56
Youth Tennis Camp 350518A	6/29-7/2	9-10:30AM	7-11	\$40	Candy Making Camp 320505A	7/20-7/23	9:30-11:30AM	8-13	\$40
Middle School Tennis 350519A	6/29-7/2 10	:45AM-12:15PM	12-15	\$40	Outdoor Explorers 320702B	7/13-7/16	9AM-12PM	6-13	\$45
Baking Camp 320505A	6/29-7/2	9:30-11:30AM	6-13	\$40	Musical Theatre 320705A	7/27-7/31	9AM-12PM	8-11	\$65
Soccer Camp 350517A	6/29-7/2	9-11:30AM	10-15	\$35	Musical Theatre 320705B	7/27-7/31	12:30-4PM	12-15	\$65
Smelly Goods Camp 320709A	7/6-7/9	9-11:30AM	6-13	\$40	Outdoor Explorers 320702C	8/3-8/6	9AM-12PM	6-13	\$45
Basketball Camp 320513A	7/6-7/10	9AM-12PM	6-13	\$45	Child Pottery Camp 320202D	8/3-8/7	10-11:30AM	6-12	\$56
Volleyball Camp 350511A	7/6-7/10	1-3PM	11-16	\$60					





How to Register

WALK IN - to the Clarke County Recreation Center during normal operating hours.

MAIL IN - Enclose your registration form and check or *credit card information and mail to: CCPR - Program Registration, 225 Al Smith Circle, Berryville, VA 22611

PHONE IN - Call us at 540-955-5140 during normal operating hours. Be sure to have your registration information and credit card information accessible at the time that you call.

FAX IN - for 24-hour service, you can fax your registration form with *credit card information to 540-955-4049.

*NOTE - A credit card service company will assess a small convenience fee to your credit card statement. Fees vary according to the charge amount. Please call us at 955-5140 for the fee schedule.



Registration begins at 9:00 AM April 18, 2009 for Clarke County residents and April 20, 2009 for non-Clarke County residents, unless otherwise noted in program description.

Fees

Payment must accompany registration. A \$20 fee is charged for returned checks.

Refunds

Refunds will be given for medical reasons only and must be requested one week prior to the class. A \$5.00 administrative fee will be charged for all refunds. Class credits will be issued for cancellations less then one week prior to the class for medical reasons only. If the . P&R Department cancels a program, a full refund will be processed.

Cancellations

We reserve the right to cancel a program due to insufficient enrollment. It requires a certain number of individuals to justify holding a program and if that minimum is not reached, the course is cancelled. Programs not meeting minimum enrollment three weekdays prior to class will be cancelled. PLEASE REGISTER EARLY.

Inclement Weather

In the event of inclement weather, cancellations will be announced on local radio stations. If programs are cancelled, every attempt will be made to reschedule the program.

Accommodations

CCPR is committed to providing recreation for all persons. Every reasonable effort will be made to provide accommodations based on individual need. Please contact us prior to the program's start date for assistance. If assistance is needed for the hearing impaired please call Virginia Relay Center at 1-800-828-1140.

We are updating our records. Please keep us informed of any changes to your household information

> All programs are held at the **Chet Hobert Park** unless otherwise noted.

SEHOLD REGISTRATION

PLEASE PRINT:

PRIMARY HOUSEHOLDER (_ast Name)									(First)			
ADDRESS													
CITY											ZIP CODE		
HOME PHONE WORK PHONE _				E-mail Address									
MALE FEMALE DATE	OF BIRTH												
SECONDARY HOUSEHOLDER (Last Name)				(First)									
WORK PHONE E-mail Address				MALE FEMALE DOB									
EMERGENCY CONTACT PERSO	N								_ Pł	HONE			
(Other than someone in your household	ld)												
Participant Name (Last, First)	Date of Birth	Sex (M/F)	Activity Code)		Session	Program Name	Fee		
Sample, John	9/17/92	M	2	2	0	2	0	5	A	2	Children's Pottery	\$30	
*NOTE - A credit card service company wi Fees vary according to the charge amount	l II assess a small co i. Please call us at 9	nvenience fee 55-5140 for the	to you e fee	ur cr sche	edit o dule	ard :	state	men	t.	I	TOTAL		
IF PAYING BY CREDIT CARD PL	EASE COMPLE	TE THE FOL	LO\	ΝIN	IG:					for	office use only		
□Visa □MC □Amex □Discov	/er										•		
Exp. Date Card #							FEE CASH CHECK CREDIT CARD						
Signature							DATE RECEIVED: RECEIVED BY:						